



RETURNING TO PRACTICE AFTER A BREAK OF MORE THAN 12 MONTHS FROM PLAY THERAPY WORK

We hope the following recommendations will help you if you want to start or return to practising as a Play Therapist following an extended break of more than 12 months.

1. Join as a Full member, if not already.
2. Get yourself a BAPT approved Play Therapy supervisor (<https://www.bapt.info/play-therapy/find-play-therapist/>) or a qualified Play Therapist who is registered with another organisation (e.g. BACP, UKCP, PTUK). We would advise having supervision once a month as a minimum for the first year. The ratio of supervision to the number of face-to-face Play Therapy clients is on the BAPT Website under the Members Area.
3. Join a BAPT Support Group. These are listed on the BAPT website under the Members Area. This will help bring you up to date and earn Continuing Professional Development (CPD) hours.
4. Look out for Play Therapy post qualifying courses (<https://www.bapt.info/becoming/post-qualifying-training/>). Contact Roehampton University to check if they are running any courses, or if you could join one or two modules to refresh your learning, this is particularly relevant if you have been out of practice for more than 10 years. Updating your knowledge of Child Protection Laws and issues is particularly important.
5. You will be required to keep a CPD LOG of courses/training attended. You can download this from the BAPT website under the Members Area.
6. If you are planning a career break, you can choose to maintain full membership, by maintaining the CPD requirements, or you can reduce your membership to Associate. If you are unable to maintain your membership, keep in touch by attending a BAPT Support Group, borrow books, keep a reflective diary about your child's development and play time with you. This should help keep your hand in! Attend any Play Therapy related courses or workshops that you can afford. If you have no children or are not in an environment that lends itself to reflecting on Play Therapy in any way, (1-5) will get you going again.