

## BAPT 1 Day CPD Event – 30<sup>th</sup> May 2026

BAPT's 2026 CPD event is a training day in Play Therapy for Play Therapists, Students, Child Therapists and Creative Art Therapists to provide workshops that will enhance your skills and knowledge within Play Therapy. They will be run by qualified and experienced BAPT Registered Play Therapists so please join us for a day of learning, connection and inspiration.

For BAPT Members, this training can be put towards your annual CPD requirement.

The following four workshops will be running during the day and you will be notified the time for each one once the booking system has closed.

### The Four Workshops

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Please note that **registration** for the event ends on the **8<sup>th</sup> May** and The **Early Bird rate ends** on the **23<sup>rd</sup> March** so please book early to avoid disappointment.

## Registration

Registration on the day will be from 9am to 9.30am

## Morning CPD Schedule

The workshops will run as follows during the morning sessions:

9.45am to 11am

11.30am to 12.45pm

## Lunch

A buffet lunch is included and will be served in the main restaurant from 12.45pm to 1.45pm

## Afternoon CPD Schedule

The workshops will run as follows during the afternoon sessions:

1.45pm to 3pm

3.30pm to 4.45pm

To Register to attend please click on [CPD Event Registration](#)

# CPD Workshops

## Workshop A

### How to Die Well in the Playroom

*Presented by: Jeanne McLaughlin*



### Workshop Synopsis:

Death is an emotive subject and children sense the silent taboo from adults around them. Play themes are a way for children to explore their life experiences and fragmented memories through active play that requires the Play Therapist to reflect on their own personal tolerance levels and ability to “die well” in the playroom.

In this interactive workshop we will explore key themes around life, death, healing and resurrection, within a play therapy framework.

### Key Learning Objectives:

- Considering personal tolerance levels around different modes of dying
- Reflecting on important boundaries to consider within this play
- Considering why this is an important stage in therapy for many children
- Actively playing with themes of sword fighting, gun shoot out, virus infection, surgery, poisoning, undead, bombs and magical potions
- The importance of healing and resurrection

### Biography:

**Jeanne McLaughlin** MA Psychology; PG Cert Autism; PG Dip Play Therapy; NNEB

Jeanne has spent 35 years working with children from 0 to 14 years in a variety of settings as a nursery nurse, artist and Play Therapist.

Jeanne has developed training for With Kids exploring practical applications of the current thinking in the field of child development, play, trauma, care experience, secondary trauma and child/adult safeguarding. As well as developing a programme called “Autism, You and the Child” for parents and professionals that explores different aspects of Autistic thinking.

Jeanne is a BAPT Registered Play Therapist®, BAPT Approved Clinical Supervisor and Vice Chair on BAPT's Board. She is also a “Watch Wait and Wonder” trainer and an Honorary Lecturer at Glasgow University. She has also published various articles, some of which have appeared in the British Journal of Play Therapy.

## Workshop B (am)

### This Must Be the Place: Reflective Space in Clinical Supervision

*Presented by: Simon Kerr-Edwards*



#### Workshop Synopsis:

The relationship with your clinical supervisor is one of your most important professional connections. Examining and understanding your practice is vital to keeping work focused, ethical and effective. It is therefore essential to establish and maintain a robust supervisory space that can meet a range of needs. Drawing on Hewson and Carroll's *Supervisory Spaces*, this workshop will explore how to conceptualise a framework for supervision and focus on exploring self-reflection through the use of creative prompts. This workshop will be useful to supervisors and supervisees alike.

#### Key Learning Objectives:

- To understand a model of supervision that explores all areas of therapy practice
- What to avoid for more successful supervision
- To use quick and creative methods to aid our process of reflection

#### Biography:

**Simon Kerr-Edwards** MA Play Therapy

Simon Kerr-Edwards MA is an independent play therapist, clinical supervisor and trainer with over 40 years' experience working with children, teenagers and families affected by complex trauma. Trained originally in dramatherapy, he brings playfulness, creativity and improvisation into both therapeutic and supervisory practice.

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## Workshop B (pm)

### Using Supervision With Consciousness and Focus

*Presented by: Helen Forrester*



#### Workshop Synopsis:

How many of us fall into supervision after a hectic day and go through a list of our clients, checking off in that moment which ones feel okay and which ones we need help with? Even if we do have time to prepare, are there decisions we would like to make about how we explore the material we want to bring in order to fully develop our thoughts and expand our skills & knowledge?

This workshop will look at ways we can consciously use supervision as a touchpoint for our practice development as well as safeguarding the work with our clients.

## Key Learning Objectives:

- Have an opportunity to refresh knowledge in the different ways of working in supervision
- Explore ways to clarify and plan what we need in a supervision session, acknowledging that these needs may change session to session
- Think about the importance of exploring the context of our work with our clients as well as the direct work, and the balance of this in supervision
- Explore how we bring vulnerability and a sense of our professional self to supervision

## Biography:

### Helen Forrester

Helen Forrester is a BAPT registered Play Therapist® and a BAPT Approved Supervisor® practicing in East Lothian & Edinburgh. She also supports therapists who are setting up in private practice or looking for ways to make their existing private practices run more effectively, with less stress.

Her play therapy work started in a residential school for blind and partially sighted children, adapting play therapy techniques to work for this group of children. After supporting children within a charity for families who were homeless, she moved on to working in primary schools and nurseries. Wanting to fill a gap in therapy provision near her home, she then co-created and co-managed a play therapy charity with a colleague for 10 years. Not really enjoying writing funding bids or policies she left this charity in the capable hands of her colleague. She is now in private practice by the sea working with families who self-refer and families referred by social work, as well as supervising student & qualified Play Therapists.

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## Workshop C

### Reflecting on current Play Therapy Practice

*Presented by: Sarah Zehetmayr-McCall and Linda St Louis*



### Workshop Synopsis:

This workshop provides an opportunity for Play Therapists to refresh and consolidate their knowledge of safe and ethical practice in line with the *Ethical Basis for Good Practice in Play Therapy* and the *BAPT Code of Conduct*. The training explores professional responsibilities in relation to consent, parental responsibility, Subject Access Requests, and responding to requests for therapy notes from the Police or Crown Prosecution Service. Consideration is also given to ethical practice when therapy is provided alongside judicial or safeguarding processes. Emphasis is placed on reflective discussion, the use of clinical supervision, and consultation with professional indemnity insurers to support accountable and ethical decision-making.

## Key Learning Objectives:

- **Strengthen ethical awareness and professional responsibility** guided by the Ethical Basis for Good Practice in Play Therapy and the BAPT Code of Conduct, with focus on safeguarding and the best interests of children and young people
- **Apply ethically sound decision-making** in relation to consent, parental responsibility and managing Subject Access Requests (SARs), balancing legal obligations, confidentiality and risk of harm
- **Manage and respond to requests from the Police or Crown Prosecution Service and Social Care**, maintaining therapeutic integrity, professional boundaries and ethical practice
- **Use clinical supervision and professional indemnity consultation as safeguards**, supporting reflective practice, accountability and defensible decision-making

## Biography:

**Sarah Zehetmayr-McCall** MSc Play Therapy; Social Work Diploma (first);  
Therapeutic Life Story Work – Rose’s Model (merit); BSc Theology with Honours;

Sarah Zehetmayr-McCall is a BAPT Registered Play Therapist® and Chair of the Professional Conduct Panel. She qualified as a BAPT Play Therapist in 2018 and is an Approved BAPT Clinical Supervisor®. Sarah works part-time in private practice, providing Play and Filial Therapy, and Therapeutic Life Story Work, and brings extensive experience as a social worker across diverse settings. She has a particular interest in bereavement support and is committed to safe, ethical, and accountable play therapy practice.

## Linda St Louis

Linda St Louis is an experienced retired BAPT Play Therapist who has previously served as Chair of Professional Conduct for the BAPT. She qualified in play therapy in 2010 and brings extensive clinical experience working within a multi-disciplinary early intervention team supporting families impacted by domestic abuse. Linda has contributed to the profession through authorship, including a chapter on *Being an Ethical Play Therapist*, drawing on her systemic work with families. Her leadership in professional conduct has played a key role in upholding ethical and practice standards within BAPT.

## Workshop D

### How to Scream Well in the Playroom

*Presented by: Elisa Fontana*



### Workshop Synopsis:

We will explore what “screaming” means inside and outside, and how outer sound can support inner processing. This experiential workshop invites play therapists into a collaborative exchange of practices, using voice as a therapeutic medium in the playroom. The session centres on shared clinical reflections around whispering, shouting, silence, singing, rhythm and playful sound-making as forms of regulation and expression. We will also exchange strategies for vocal care, including breathing and strain prevention techniques used by professional singers (including punk rock vocalists!), safe herbal supports, and the creative use of devices such as recorders, speakers and visual speech bubbles.

### Key Learning Objectives:

- Reflect on the meaning of “screaming” internally and externally in therapeutic work
- Share and explore practices using voice and sound for regulation and expression in the playroom
- Apply simple strategies to protect and sustain their own vocal wellbeing
- Consider the creative and ethical use of sound-enhancing tools in clinical practice

### Biography:

#### Elisa Fontana

Elisa Fontana is a BAPT-registered Play Therapist and Clinical Supervisor with a background in Art, Drama and Music Studies. She is Coordinator of the South London Play Therapy Support Group and Visiting Lecturer at the University of Roehampton for the Play Therapy Foundation Course. Elisa’s research includes work as Research Assistant on the Yoga-Integrated Psychotherapy study at Roehampton and a dissertation on mindfulness for adolescents completed at the University of Padova, Italy.

Outside the therapy room, Elisa sings at open mic nights in South London and plays saxophone in local jam sessions. She has designed community art projects centred on recorded storytelling and listening walks. Her favourite quote is: “Singing is like breathing; screaming is when you need to breathe louder.”

## CPD Booking and Pricing:

	<b>Early Bird Price until 23<sup>rd</sup> March 2026</b>	<b>Full Price</b>
Full Members	£135	£175
Students and Retired Members	£95	£175
International Professionals	£135	£175
Non-Members	N/A	£175

## CPD Location:

Conference Aston, Aston University, Aston Street, Birmingham, B4 7ET

Tel: 0121-204-3011

The Hotel and Conference Centre is located on the green, landscaped campus of Aston University, right at the heart of Birmingham City Centre, easy to get to by road, rail and air.

How to Find us by Road, Rail and Air:

<https://www.conferenceaston.co.uk/files/conference-aston---hotel-and-conference-centre-map-and-directions-2024.pdf>

## Car Parking:

Car Parking at Conference Aston: This must be booked online, prior to arrival. Please visit [Online Car Park Booking System \(firstparking.co.uk\)](https://www.firstparking.co.uk) where you can book and pay for your space online. You will then be sent an email permit to display in your windscreen and an entry code for the car park. Please ensure you book this, prior to setting off, as we cannot guarantee availability at the venue car park, on the day.

Our venue is within the Clean Air Zone. Please visit [www.brumbreathes.co.uk](http://www.brumbreathes.co.uk) to check if your vehicle is compliant.

Electric vehicle charging points are available in the onsite car park, subject to availability, as well as public charging points outside the hotel and conference centre on Aston Street and Woodcock Street.

## WIFI info for delegates:

To be advised on arrival

## CPD Accommodation:

Please find below the promotion link for delegates to book their accommodation if staying on the Friday night. Please note that this promotion is available up until and including the 2<sup>nd</sup> April and is on a first come first served basis:

<https://booking.eu.guestline.app/CONASTON/availability?hotel=CONFASTON&arrival=2026-05-29&departure=2026-05-30&adults=1&children=0&codes=BAPT0526>

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[www.bapt.info](http://www.bapt.info)

### Social Media:

[www.instagram.com/britishplaytherapy](https://www.instagram.com/britishplaytherapy)

[www.facebook.com/bapt1992](https://www.facebook.com/bapt1992)

[www.linkedin.com/company/british-association-of-play-therapists-bapt](https://www.linkedin.com/company/british-association-of-play-therapists-bapt)

[www.pinterest.co.uk/baptpinterst](https://www.pinterest.co.uk/baptpinterst)

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[bsky.app/profile/bapt.info](https://bsky.app/profile/bapt.info)

[www.youtube.com/c/BritishAssociationofPlayTherapistsBAPT](https://www.youtube.com/c/BritishAssociationofPlayTherapistsBAPT)

### Conference Team:

Sarah Hickson (BAPT Chair), Jeanne McLaughlin (BAPT Vice Chair), Maggie Fearn (BAPT International Ambassador), Ella Manning (BAPT Member), Rosie Dymond (BAPT Member), Tracy Lanigan (BAPT Scottish Rep), Esther Schencks (BAPT PR & Comms Chair), Jacqui Clarke (BAPT Business Manager) and Tracey Trevorrow (BAPT Administrator)

