



Life-World Narrative Therapy (LWNT)

June 3-6, 2025

Training is limited to 20 participants

Venue:

Ashorne Hill, Leamington Spa, CV33 9QW

Please refer to ticketing for accommodation details.

About:

This four-day comprehensive training experience immerses participants in Life World Narrative Therapy (LWNT), an innovative approach that blends clinical practice, theoretical foundations, and philosophical insights to support therapeutic work with children, young people, their families, and broader systems. Central to this approach is the therapeutic use of self, which deepens the therapeutic relationship and facilitates the unfolding of the client's unique story through a dynamic and iterative process.

Participants will develop the skills to authentically hold hope and embrace the belief that there is always a path—or multiple paths—for a child to find meaning and navigate their world.

Therapists will gain a deeper understanding of the core principles, techniques, and strategies of LWNT, enabling them to integrate this modality into their practice effectively. Drawing on foundational theories such as attachment theory and bioecological systems theory, the program provides a robust framework for working with diverse populations in complex contexts.

Click here for tickets -> [Eventbrite](#)

- **Early bird** until Friday 28th March **£561.37** (Price includes tax) **10% discount**
- **Standard ticketing** from 29th March **£623.66** (Price includes tax).
- **Please note:** Limited number of bedrooms reserved at venue until **15th March**. Reservations made after this date are subject to availability.

Presenters:

Sarah Hickson, MA Play Therapy (with Distinction) and B.Soc.Sc. (Hons.), is the Chair of the British Association of Play Therapy (BAPT) and represents BAPT on the



International Consortium of Play Therapy Associations (IC-PTA). She has over 16 years' experience as a clinical Play Therapist and Supervisor. Sarah specialises in working with children with developmental and relational trauma, with a particular focus on children living in foster care and who are adopted. Sarah works in a range of different ways with children and families including attachment focussed family work, therapeutic life story work, Life-World Narrative Therapy, as well as individual Play Therapy work with children and young people. Sarah also has experience in helping children and

families to navigate the court system. Sarah is an international educator, author, and public speaker. She has published book chapters on child development and international play therapy supervision. Her private practice is based in London, United Kingdom.

Judi Parson, PhD, MA Play Therapy (with Distinction) is a paediatric Registered Nurse, Registered Play Therapist – Supervisor™, and serves as an Associate Professor and Discipline Leader for Play Therapy at Deakin University, Australia. Judi has played an active role in advancing the field of play therapy both nationally and internationally, contributing significantly to its professionalisation. She is a founding board member of APPTA and the International Consortium of Play Therapy Associations (IC-PTA). Renowned as a presenter, educator, supervisor, and researcher, her work focuses on the psychosocial health and well-being of children, with special interest in Medical Play Therapy, Digital Play technologies and Life-World Narrative Therapy. She also continues to engage in private practice with a small caseload. She boasts a substantial publication record, having authored over 50 book chapters and journal articles, and co-edited 2 books.



PLEASE NOTE: This program is for experienced therapists who work with children and adolescents. It is also essential participants have undertaken their own personal therapy.