

CPRT TRAINING UK

Endorsed by



Training in Child Parent Relationship Therapy (CPRT): A 10-Session Filial Therapy Model for groups (2 Day course endorsed by BAPT) Saturday 2nd & Sunday 3rd May 2026 at a venue near Newport, South Wales

TRAINERS: LISA GORDON CLARK & LOUISE WORRALL

CPRT (Landreth & Bratton, 2020) is a 10-session evidence-based filial therapy model grounded in child-centered play therapy (CCPT) and based on Bernard and Louise Guerney's group filial therapy model. The 10-week group format was originally conceptualized by Landreth in the 1980's and manualised by Bratton and Landreth (2006) to provide researchers and clinicians with a tool for ensuring treatment integrity in delivering the intervention.

This intensive two-day training in the manualised CPRT model will focus on the dynamic relationship facets of training parents to be therapeutic agents in their children's lives. The 10-week CPRT group programme uses a format of didactic instruction, demonstration play sessions, weekly at-home play sessions and supervision, to teach parents basic child-centred play therapy principles and skills including: tracking, responsive listening, reflecting feelings, returning responsibility to their child, the ACT model of limit-setting, building children's self-esteem and how to structure weekly 30-minute play sessions with their children using a special kit of selected toys. CPRT's preventative nature and relatively brief treatment time frame make this treatment model attractive in today's mental health climate.

The practical 'how to' workshops include comprehensive training/treatment outlines for the 10-session CPRT programme. Participants will learn how to teach child-centred play therapy skills to parents, the toys and materials needed, techniques for involving parents in the learning process, how to balance training and meeting parents' emotional needs, utilising group dynamics, and facilitative supervision. Demonstrations, role-plays and video segments of Landreth and Bratton's CPRT parent training sessions clarify the training process.

Please note: This post-qualifying course is only suitable for practitioners with prior training and supervised practice in non-directive play therapy. Basic training and supervised experience of play therapy is a prerequisite. Evidence of qualification status will be required on applying.

NB THIS COURSE IS DELIVERED IN THE UK IN CONSULTATION WITH DR GARRY LANDRETH & DR SUE BRATTON although it is not equivalent to the Certified CPRT Practitioner offered through the 'Center for Play Therapy' in the US

Following the completion of this initial 2 day training, you will be eligible to apply for 'Approved' status as a CPRT Therapist. This will verify your competence to work as an **Approved CPRT Therapist in the UK**. This involves the submission to a panel of CPRT supervisors/approvers of video and written evidence of your course delivery skills, along with reflection on your practice in delivering the CPRT programme. There will be a further charge for this approval process.



Lisa Gordon Clark BSc (Hons) Psychology, Dip. Play Therapy, Retired BAPT-reg Play Therapist[®], Fellow HEA, was until 2020 a Senior Lecturer on the Play Therapy MA at the University of Roehampton and was the Programme Convener there for a decade. For 12 years she also led the annual 20-week Play Therapy Foundation Course at Roehampton.

Lisa has been trained in CPRT by both Dr Landreth & Dr Bratton. Until 2024 she had her own private Play Therapy practice, *PlayFully*, based in Wiltshire and is a BAPT-approved Clinical Supervisor. She is the long-standing editor of the British Journal of Play Therapy and co-edited *Becoming and Being a Play Therapist: Play Therapy in Practice* (Ayling, Armstrong and Gordon Clark, 2019). Lisa is also the current External Examiner for the Postgraduate Child & Adolescent Psychotherapeutic Counselling programme at the University of Cambridge and the Postgraduate Diploma in Play Therapy at MTU (Munster Technological University), Cork, Ireland.



Louise Worrall BA (Hons), PGCE, MSc Play Therapy and BAPT-reg Play Therapist[®], Approved Supervisor BAPT. Louise was trained in CPRT by Lisa Gordon Clark and Gillian Catling at the end of 2020. Prior to being a therapist, Louise taught a wide range of children and young people in creative arts. She then focussed on supporting children and families on the fringes with community work, including children whose loved ones were in prison and refugees and asylum seekers. Louise is currently the director of Voyage of Hope Therapy Services where she teaches counselling students, supervises student Play Therapists and has her own caseload of 1:1 play therapy alongside parent CPRT groups. She has taught on a range of Level 2-5 counselling courses, and since 2026 she has been employed as CYP Counsellor at New Pathways, a charity working with survivors of sexual violence.

Course information

- Dates:** Saturday 2nd & Sunday 3rd May 2026
- Time:** Registration: 9.15 on Day 1 Day 1: 9.30 -17.00 Day 2: 9.30 -17.00 (12 hours CPD)
A minimum attendance of 90% for successful completion and attendance certificate
- Location:** Stow Park Circle, Newport - Precise location + directions to be provided upon booking
- Price:** £400 (Includes a copy of the second edition of CPRT Treatment Manual and access to the accompanying resources website) also incl. coffee/tea, plus light buffet lunch both days
NB No payment is required until you have been informed your application is successful. Prompt payment will then secure your place (places limited).

To request an application form please email: lisa@playgc.co.uk using email subject 'CPRT APPLICATION FORM REQUEST – WALES 2026'

Please note that your copy of the CPRT Treatment Manual (Bratton & Landreth, 2020, 2nd ed) will be given to you on the first day of training, and access to the Companion Website will be sent approx. 4 days before the course. No advance reading is required although the CPRT textbook (Landreth & Bratton, 2020) is strongly recommended for a deeper understanding of the principles and application of CPRT. Discounted copies will be available.