

Child & Family Therapist – Job Description

The Role:

This role involves working with recent and past trauma, specifically but not limited to sexual, domestic and relational trauma which the client will have experienced recently, historically and / or vicariously.

It is based in Hertfordshire / Bedfordshire. You will have a base location and travel to hubs around the county to deliver therapeutic support.

This role will require working remotely, face to face and mobile (based in our satellites – not working in clients homes)

Benefits:

- Salary: 16K (20 hours per week)
- 20 days holiday pay pro rata
- Ongoing monthly individual clinical supervision
- Regular case management supervision and team meetings
- Multi-disciplinary trauma recovery service covering Herts and Beds
- Working collaboratively with other professionals as part of a team
- Short term and long-term therapeutic work
- Opportunity to work with individuals, groups and families
- Opportunities around training other professionals, talks about our service, trauma and sexual and domestic abuse
- Must not have a private practice or work in a similar role elsewhere

Values, Behaviours & Competencies:

- Commitment and concern for women, men, children and young people's experiences of sexual, domestic and relational trauma
- Commitment and ability to regular attendance at supervision, support sessions and clinical meetings
- Commitment to attendance at one group supervision session fortnightly
- Commitment to provide required accurate clinical and monitoring data in a timely manner
- Commitment to adhere and contribute to TRCIC's Equal Opportunities Policy
- Commitment to monitoring, feedback and evaluation processes
- Adherence to TRCIC's confidentiality and counselling policy
- Skills, knowledge and / or experience that support our objective of engaging with individuals from diverse communities

Key Responsibilities:

- To provide short or longer-term counselling to clients (subject to clinical need)
- To ensure that equality and anti-discriminatory practice is modelled in the therapeutic work
- To work from a gender responsive, trauma focused feminist framework
- To provide individualised therapeutic work from a strengths based perspective
- To provide a holistic therapeutic response
- To be able to work with the unique needs that clients bring
- To offer therapeutic opportunities that elicit empowerment and personal growth
- To be able to work and adhere to professionally agreed guidelines such as NCS/BACP / UKCP
- To be aware of, and comply with TRCIC's policies, procedures and service standards
- To comply with TRCIC's ethos and clinical model
- To provide TRCIC a minimum notice at least 8 weeks if leaving the service
- To provide TRCIC a minimum notice of 4 weeks for holidays or any planned breaks
- To participate and assist with all research, feedback and evaluation projects by accurate data completion.
- To undertake regular supervision
- To attend and contribute to team clinical meetings (a maximum of 9 a year)
- To maintain adequate records of clinical work and provide appropriate statistical returns as required
- To maintain training and continue professional development
- To attend all TRCIC mandatory training events and maintain a training portfolio of continuous professional development attendance

Key Relationships:

- Group clinical supervision
- Liaison with the Admin team
- Liaison with Clinical Supervisors, Senior Counsellors, Clinical Manager & Line Manager

Child & Family Therapist – Person Specification

Essential:

- Qualified to level 4 standard
- Experience of working with client group
- Experience in working with sexual, domestic and relational trauma
- Professional registration with NCS/BACP/UKCP or equivalent
- An understanding of the psychological effects of trauma
- Ability to engage clients with different cultural needs and to deliver counselling that is culturally sensitive
- An understanding of emotional and practical issues which may arise in relation to survivors of trauma
- Ability to develop good therapeutic relationships
- Awareness of the needs of clients from a range of cultures, backgrounds, sexual orientations, disability and religious beliefs

Desirable:

- Experience of both short and long term counselling
- Experience of group counselling
- Ability to manage the demands of working in a satellite venue
- Willingness to work in different venues across Hertfordshire and Bedfordshire

To apply for the role, please send a Cover Letter (1000 words MAX) and CV to Sandra Lewin at sandralewin@trcic.co.uk. When completing your application please ensure you address the outlined specification and demonstrate how you meet the criteria by providing relevant examples.

We welcome and encourage applications from people of all backgrounds.

Deadline for applications is 28th June 2021 and interviews will be held w/c 5th July 2021.

Please Note:

Only applicants who are successful at interview will be offered a place on the induction training.

The Counsellor Task Description and Personal Qualities Specification do not constitute a contract but form part of a working agreement; subject to agreed variation.

Successful Applicants will be required to complete an Enhanced DBS check and provide satisfactory references