

JOB DESCRIPTION

Title: Play / Art Therapist – Child and Adolescent Mental Health
NHS Band Equivalent: Band 7
Responsible to: Clinical Team Lead
Hours: Full-time (35 hours per week)
Salary: £40,000 - £45,500 (dependent on experience and inc. London weighting)
Contract: Fixed-term for 18 months
Location: West London CCG area

Job Summary:

This is an exciting opportunity for a Play / Art Therapist with a background in child and adolescent mental health to work within a multi-disciplinary Mental Health Support Team (MHST) to increase and improve emotional and mental health provision within educational settings for 5-18 year olds in the West London CCG area. You will be working within a successful Trailblazer site, which has emerged out of the government's December 2017 plans: [Transforming Children and Young People's Mental Health Provision: a Green Paper](#).

You will have an active caseload of children and adolescents with mild – moderate emotional and mental health difficulties and will use CBT and Systemic evidence-based models, employing the principles underpinning the national CYP-IAPT programme (Children and Young People's Improving Access to Psychological Therapies). Early interventions will be delivered in a range of educational settings (primary, secondary, special, alternative provision and sixth form college) across the Royal Borough of Kensington and Chelsea, as well as in parts of Westminster borough in the North West. These will build upon the CCG's and HF Mind's whole school approach to mental health provision.

The MHST in which you will be working consists of the Project Manager, Clinical Team Lead, Family Therapist, Clinical Psychologist, 9 Education Mental Health Practitioners, 2 Wellbeing Facilitators and 1 Family Support Worker. You will be responsible for managing and providing clinical supervision to other team members. These team members include the Education Mental Health Practitioners, who will be undertaking their placements within the team, as they are being trained to deliver group and individual low intensity evidence-based interventions to children and young people. You will receive training in supervision, provided by University College of London (UCL), to support this area of your work.

You will also work closely with families, as well as colleagues and partners in the Local Authority, CAMHS, educational settings where interventions are being delivered and other relevant mental health providers.

Key Roles and Responsibilities:

- Assess and develop evidence-based treatment plans to meet the mild - moderate needs of CYP with a range of emotional and mental health difficulties
- Deliver evidence-based early interventions for CYP aged 5-18 with mild – moderate emotional and mental health difficulties
- Routinely measure clinical outcomes, in line with the CYP-IAPT programme
- Provide clinical supervision and management, including support through observations and modelling, to 3 – 4 team members (NHS Band 4 – 5 equivalent), some of whom are undertaking Recruit to Train placements in CBT evidence-based practice
- Attend clinical supervision
- Attend and complete supervision training programme provided by UCL
- Ensure outcome measures (e.g. CGAS, SDQ, RCADS, PHQ-9, GAD-7, CORE-10, CORS) are routinely embedded in your clinical work and that of those you line-manage
- Keep up-to-date with and utilise relevant theory and research to support evidence-based practice
- Maintain comprehensive clinical and consultation records
- Report clinical outcomes and service access data into the digital patient record system, ensure data is flowed into NHS Digital's Mental Health Services Data Set (MHSDS) and provide quality assurance for the data submitted by team members that you line-manage
- Undertake risk assessment and risk management for CYP
- Supervise and support safeguarding cases held by team members that you line-manage, in line with relevant organisational safeguarding policies and procedures
- Support the screening process for CYP referred to the MHST and appropriate referral of cases both within the team and externally, as required
- Promote the mental and emotional health of children and young people in educational settings, through clinical interventions in the care pathway
- Monitor and track progress against access targets for your caseload and that of the team members you line-manage and develop plans to reach access targets
- Ensure adherence to organisational policies and procedures and that interventions are developed and delivered in accordance with NICE guidelines and clinical standards
- Coordinate and communicate service delivery with relevant stakeholders
- Undertake continued clinical professional development

Essential Criteria

- Hold a current HCPC registration as a Play / Art Therapist
- Post-graduate degree in play / art therapy
- Familiarity with CBT and Systemic evidence-bases, both within clinical training and delivering interventions
- Direct clinical experience (autonomously providing assessment, developing treatment plans and delivering a range of therapeutic interventions) with children and young people aged 5-18 with mental health difficulties
- Experience of routine clinical outcome monitoring
- Experience of clinical risk assessment

- Knowledge of systemic, cognitive and psychodynamic theories and when each is appropriate
- Understanding of child development and psychosocial influences
- Experience working in a multi-disciplinary mental health team
- Experience providing clinical supervision and case management
- Highly developed knowledge of child and adult safeguarding
- Experience engaging a range of stakeholders (young people, families, mental health providers, schools, Local Authority staff etc.)
- Excellent communication skills
- Organisational skills and excellent time management
- Experience of using Microsoft Office package

Post is subject to an enhanced DBS check

Desirable Criteria

- Experience using IAPTus CYP data management system and reporting into NHS Digital's Mental Health Services Data Set (MHSDS)
- Experience working in educational settings
- Experience supervising safeguarding cases

Employee Benefits:

- Hammersmith & Fulham Mind contributes an above statutory minimum amount equivalent to 2.5% of your earnings and you contribute a further 2.5% to your pension scheme. This is being increased in April 2019 in line with auto-enrolment regulations.
- All employees can access 12 free face to face counselling sessions at the West London Centre for Counselling.
- All employees have access to a 24/7 online and telephone assistance via the Employee Assistance Programme, covering issues such as life support (counselling), legal information, bereavement assistance, medical information and CBT online.
- Cycle to work scheme which enables you to make savings on the purchase of a bike and accessories through salary exchange.
- Flexible working hours (when not delivering in educational settings), with core working hours of 10:00 – 16:00
- 25 days annual leave, in addition to 8 paid public holidays and office closure between Christmas and New year
- Excellent working environment with supportive team culture
- Commitment to staff wellbeing through staff wellbeing policies and procedures, including a Staff Wellbeing Committee and staff social activities