

Play Therapy in Practice: Becoming and Being a Play Therapist

Friday 15th March 2019

Professor Mooli Lahad – 2pm - 5pm

The human need for stories

It is argued that the difference between us and the animal world is our concept of future. This has led us to be concerned about the ultimate future of each and every one of us that is our finality. The lecture will explore through myths, stories, anthropology, psychology, the concept of playfulness and brain science the question are stories really a basic need for our survival?

Followed By:

BAPT's AGM 5-30pm

Annual Conference Dinner 8pm (All welcome)

Saturday 16th March 2019 8.45am – 4.45pm

Play Therapy in Practice. This will be an exciting day, with play therapists from around the UK presenting workshops based on their own chapter in the BAPT book.

Workshops all day – choose up to 4 to attend - delegates will receive a copy of the book!

Conference enquiries to

Mrs J Steel, BAPT, Tel: ++ 44 (0) 1932 828638 info@bapt.uk.com

Please visit the website for detailed information about the speakers, lectures and workshops.

Friday 15th March 2019 – Professor Mooli Lahad

Cost - £60 incl tea/coffee

5-30pm AGM
8.00pm Annual Conference Dinner - all welcome (Please book in advance £30)

Saturday 16th March 2019

Conference

08.15 – 08.45 am	Registration & Welcome
08.45 – 10.15	Workshop Session 1
10.15 – 10.45	Coffee
10.45 – 12.15pm	Workshop Session 2
12.15 – 13.30	Lunch
13.30 – 15.00	Workshop Session 3
15.00 – 15.15	Coffee
15.15 – 16.45	Workshop Session 4

Choose Max of four of these workshops, one per session, each based on a chapter from the forthcoming BAPT Play Therapy Book. (max 25 delegates in each)

1) Julie McCann - Importance of Personal Therapy –

How important is personal therapy in the formation of new play therapists? Should it be mandatory or should only some students be directed towards it? How do qualified play therapists use personal therapy? There continue to be many debates over personal therapy in the training and professional lives of therapists from many disciplines in the UK. This reflective workshop will involve creative ways for you to explore some of the current thinking in BAPT around personal therapy and to look the impact of your own therapy on your professional practice. Expect to get messy!

2) Carol Platteuw - Creative Supervision-

This workshop is open to both experienced supervisors and therapists considering becoming supervisors. Using creative approaches within supervision can help when supervisees and/or supervisors become stuck, want to change the energy in the room, need additional challenge or just need to be playful! In this experiential workshop we will explore some creative approaches that supervisors can use within supervision.

3) Linda St Louis - Being an ethical Play Therapist

This workshop will focus on providing an overview of the chapter on Being an Ethical Play Therapist. The BAPT Ethical Framework remains integral to our interventions as Play therapists. This workshop will provide a space to consider and explore the ethics which underpin play therapy, our interventions and relationships with our clients and, the many systems which may be present in the lives of our clients.

Non-directive child – centred play therapy is about the child. Keeping the child in focus at a time when parents or carers, legal processes and external agencies may place further demands on interventions will be considered. Understanding who we are as play therapists, our personal journeys and beliefs will be included and considered. The use of cases studies will help to consider the application of BAPT Ethical Framework when preparing for play therapy and beyond.

4) Anne Fullalove - How important is the Physical Setting in Child-Centred Non-Directive Play Therapy -

This workshop considers research on the impact of the physical environment on people, from fields such as psychoanalysis and art psychotherapy, as well as environmental psychology, architecture, and neuroscience, along with possible implications for the practice of Play Therapy.

The workshop will be interactive, using photographs of play therapy rooms in a range of settings, and all contributions will be welcome. It will be an opportunity to share frustrations, problem-solve, and provide inspiration. There will also be an opportunity to collaborate on the design of a play therapy space. My goal will be to encourage attendees to consider and campaign for carefully designed rooms that support the relationship principles and goals of play therapy, raise the profile of the work and ultimately create more opportunities to offer therapeutic support where it is needed.

5) Simon Kerr Edwards - Being an improvisational play therapist –

Improvising skills are an essential requirement of everyday play therapy. So much of what we face is unexpected and requires us to do so with both congruence and sensitivity. These skills support our ability to respond in the moment as themes evolve and enable us to remain resilient in the face of challenging situations. The workshop will explore some improvisational activities and look at some of the theory that underpins this. It will explore how we can nourish these skills as we advance in our careers.

Please join us for the AGM and Conference Dinner on Friday evening
directly on 0121 204 4300, please say

6) Trudi Cowper - Welsh Tea and Oreo Cookies - Creating a safe space with groups of parents in Child Parent Relationship Therapy -

CPRT, developed by Garry Landreth, Sue Bratton and colleagues, is a group model of working therapeutically with parents and supporting them in their therapeutic play sessions with their children. We will look at the benefits and challenges involved in group work with parents such as: establishing trust, empowering parents, managing a variety of needs and using the whole group as support. We will also discover what we as play therapists can learn from parents and from their children's play sessions.

7) Jenny Reid - Short Term Interventions –

Many Play Therapists have to work within much shorter time limits than we would like. In this workshop, we will examine some of the practical, ethical and therapeutic considerations which relate specifically to short-term work, and think about how to work effectively and efficiently within these constraints. This creative, interactive workshop will encourage you to reexamine your core beliefs about Play Therapy and its potential for change.

Jenny Reid completed her MA in Non-Directive Play Therapy at the University of York in 2005. She has worked as a Play Therapist in a number of voluntary sector organisations, and is now co-director of the Apple Tree Centre, a therapeutic service for children, young people and families in Sheffield.

8) Sonia Murray - Play Therapy in Schools -

In many ways a school is an ideal setting for Play Therapy to occur, however there are some challenges. This workshop will aim to explore how children can be appropriately identified to receive Play Therapy and how Play Therapy can be undertaken effectively in the school setting. It will look at factors that may impact on the Play Therapy and the Play Therapist. It will explore the different aspects of being employed in the school and of being a freelance Play Therapist commissioned for specific time periods. This workshop will look at the relationship between the Play Therapist and school staff, explore perceptions that school staff may have in regards to the process of Play Therapy and how the Play Therapy will impact back in the classroom. It aims to provide a theoretical basis whilst providing practical strategies that will equip trainee and experienced Play Therapists to provide a Play Therapy service within schools. It will look generically at Play Therapy in schools, but it will also have a focus on the education system within the UK.

9) Sharon Pearce - Working with groups of children –

The workshop will look at working in groups with children. Some children do not respond in individual therapy, Group Play Therapy can offer the chance for children to achieve resolution through their peer relationships facilitated by the Play Therapist. This workshop will explore Group Play Therapy using dramatic approaches to enable children to journey together. We will consider whether to use structured or dramatic approaches and will also consider how to assess if a child should be referred to a group or for individual work, we will also look at what is needed to run a group successfully.

10) Tim Woodhouse - Sexual abuse: You can't talk a safe touch -

This workshop's primary purpose is to explore some of the parameters of non-directive play therapy within this subject, looking at themes of safety, trust, boundaries, limits, openness, honesty but most importantly; congruence, empathy and unconditional positive regard. We will use a small powerpoint (maybe), but will mostly focus on the use of play; utilising body work, mindfulness, art, drama and even...talking, to delve into some case studies and the implications they may present to our practice. The hoped for outcome will be that you will have gained some insight to some of the practice issues that present in this area of work, been challenged, felt some emotion, experienced a shared activity and survived!

11) Debra May - A workshop to explore how EMDR can be weaved into a Play Therapy session

The workshop will start with a brief overview of EMDR and how its use of bilateral stimulation can help a child process a traumatic event, or an emotional difficulty more quickly than repetitive play. To demonstrate this, I will also show some video excerpts of cases where I have integrated both EMDR with Play Therapy. Followed by a practicum where Play Therapists will have an experiential opportunity to explore how the two can work well together.

12) Pete Ayling/Bernie Stringer - Relational approaches in Play Therapy with children in Adoptive & Foster families –

Aim & Objective

This workshop will:

Integrate established play therapy models with the wider knowledge base related to supporting adoptive parents and foster carers.

Present a model of working with parents which stimulates attunement & empathy to encourage transformational learning & enrich skills teaching when working with parents and carers

Objectives

- Explore how to promote attuned carer child relationship and promote carers capacity for mentalisation to attune to the emotional state of self and child when responding to challenge in the child carer dyad
- Explore how to support adult empathy and compassion for the child at the most difficult of times
- Emphasise the role of the therapist is mentalising for child and carer
- Identify limitations of the approach and when it would not be used to support the play therapy process

End of conference

**ening. Overnight accommodation - please contact the team at Aston
you are with BAPT for best price available**

Biographies:

Julie McCann lives in south London and works for the fostering and adoption charity, TACT, as a play therapist and Theraplay Practitioner. Her private practice involves supervision, adoption cases in schools and family homes, and writing on play therapy for various publications. While studying at Roehampton, Julie developed a particular interest in the different experiences of personal therapy among play therapists and she has continued this research in writing this book chapter.

Carol Platteuw is Director of Play Therapy Services Ltd, an independent organisation which provides a range of therapeutic interventions for children and their families. She has specialised in working with fostered and adopted children and runs a clinic for a local authority post adoption team where she offers bereavement work, therapeutic life story work, Theraplay and DDP. Carol delivers training for professionals focussing on effective communication with children. Publications: 'Play Therapy with Adopted Children' in Narrative Play Therapy Theory and Practice - edited by Aideen Taylor De Faoite - Jessica Kingsley publications 2011 - New Road Friends series of books for adopted children – Troubador publications 2017

Linds St Louis is a Play Therapist and Family Safety Worker with Ealing Council Domestic Violence Unit. Linda is also chair of BAPT's Complaints/Professional Conduct Policy team and has overseen the re-writing of the BAPT Professional Conduct Policy.

Anne Fullalove is a play therapist, Video Interaction Guidance practitioner and supervisor, and advisory teacher, with thirty years of experience working with children with complex needs and their families, in a very diverse range of settings. She now works in private practice, following her post as play therapist within the psychosocial team at The Children's Trust, a residential rehabilitation centre for children with acquired brain injury. She is associate tutor for the BSc Hons programmes in Child and Adolescent Health and Well Being at Edge Hill University, West Lancashire

Simon Kerr-Edwards is an Independent play therapist, clinical supervisor and trainer. He has over 35 years' experience of working therapeutically with children and adolescents who have had complex trauma in their life and seeks to explore how this impacts on them emotionally, bodily and relationally.

Trudi Cowper is a play therapist who delivered a Child Parent Relationship Therapy service in Cardiff for 4 years. She has also worked as a play therapist in schools, as a supervisor, and has a range of experience of working therapeutically with children, young people and families, including looked after children and those affected by domestic abuse. She is currently a lecturer on the MSc in Play Therapy at the University of South Wales

Jenny Reid completed her MA in Non-Directive Play Therapy at the University of York in 2005. She has worked as a Play Therapist in a number of voluntary sector organisations, and is now co-director of the Apple Tree Centre, a therapeutic service for children, young people and families in Sheffield.

Sonia Murray holds a Diploma in Social Work and is a registered Play Therapist. She has thirty years of experience as a practitioner in the fields of child abuse, social, emotional and behavioural difficulties, children's mental health, childhood trauma, parenting programmes and Play Therapy. Sonia trains nationally and internationally on topics related to Play Therapy, understanding behaviour, play, communicating with children, behaviour management, positive parenting. Her work history includes employment as a childcare Social Worker, parent

worker, Play Therapist in Education and Social Care and Health settings. Sonia provides consultation, supervision and training in both statutory and voluntary fields of children and young people's services. Sonia has also contributed to a number of publications, including The Use of Therapeutic Stories.

Sharon Pearce trained at Roehampton University and is a full member of BAPT She has worked with children in a variety of settings including both individually and in groups and with a range of needs. Sharon has also trained in Filial Play Therapy and Theraplay Level 2 as well as DDP. She has worked with Charities, Schools and Adoption Agencies as well as the NHS where she currently works. She also has a private practice. Sharon has also written a chapter on Narrative Play Therapy with Children Experiencing Parental Separation or Divorce in "Narrative Play Therapy" Edited by Aideen Taylor de Faoite published by Jessica Kingsley in 2011

Tim Woodhouse is an advanced and certified Sensorimotor Psychotherapist, Enactive trauma therapist, registered Non-directive Play therapist, Filial therapist, EMDR Practitioner, Jungian and Integrative sandplay therapist and an ABE approved Social Worker. He worked on the NSPCC child sexual abuse consultancy for 16 years, was a founding member of St. Mary's children's sexual assault referral centre in Manchester, was an investigator on the Waterhouse inquiry and vice chair of BAPT. He was principle tutor on the Liverpool Hope MA course in play therapy and is a visiting lecturer to Manchester Universities 2nd Year MA social work programme. He is the Director of Tiptoes Child Therapy Service, a provision for children and families affected by sexual harm and developmental trauma launched in 2010.

Debra May Child Care Consultant, Play Therapist, EMDR Europe Accredited Clinical Supervisor/Consultant; Registered Social Worker Initially, as a Play Therapist, the main population of children I worked with were 'Looked After'. Without exception each child engaged in play that had repetitive themes. Whilst many of the children did find resolution to their difficulties through the play therapy, I was conscious that not all the children did. At that time, I had not made a connection between trauma and bi-lateral stimulation helping a child to process traumatic memories. That changed when I blindly followed the recommendation from my supervisor to complete the EMDR training and become accredited. Since then, I have integrated EMDR principles of bi-lateral stimulation into my play therapy sessions where I am aware from the child's history or the themes in the child's play that he/she would benefit from EMDR.

Peter Ayling is a Social worker and play therapist who has worked with children from care throughout his professional life, most recently within a specialist CAMHS services for looked after and adopted children. Peter currently maintains a small independent practice in play therapy and clinical supervision, while working as a social work academic within higher education.

Bernie Stringer After qualifying to teach, Berni continued her career working for some years in secure provision with young people, until retraining as Social Worker leading to a long career Child and Adolescent Mental Health as a Social Worker & Play Therapist. Berni then worked for the British Association for Adoption and Fostering, delivering training, consultation and therapy and developer a network of therapists who could offer interventions to children in care and or in adoptive placement. She is now an independent Play Therapist, working exclusively with children who have experienced abuse and are fostered or adopted.

We will also have a large bookstall & toy stall.

REGISTRATION FORM

GENERAL INFORMATION - (please use block capitals)

Name:..... BAPT Membership Number:

Address:

Email address.....

Friday 16th March

Afternoon Keynote - £60

Dinner - £30

Friday Total £

Saturday 17th - CONFERENCE

Circle as necessary

Member

Early Bird

£130

Late rate

£150

Associate

£140

£160

Student/Retired

£105

£120

NON Members

£160

£180

Saturday Total £

There are 12 workshops, you can choose a maximum of four, one from each session

please tick your selections indicating your 1st choice and second choice in each session:

Sat Am - Session 1 (8.45 – 10.15)

Workshop 1

Workshop 2

Workshop 3

Workshop 4

Workshop 5

Workshop 6

Sat Am - Session 2 (10.30 – 12.00)

Workshop 7

Workshop 8

Workshop 9

Workshop 10

Workshop 11

Workshop 12

Sat PM Session 3 (13.30 – 15.00)

Workshop 1

Workshop 2

Workshop 3

Workshop 4

Workshop 5

Workshop 6

Sat PM Session 4 (15.15 – 14.45)

Workshop 7

Workshop 8

Workshop 9

Workshop 10

Workshop 11

Workshop 12

Overall Total £

Payment options:

Cheque by post; Card payments - call 01932 828638; Invoice can be raised, please provide details overleaf; Paypal payments via website www.bapt.info/conference

This form is downloadable from the website - www.bapt.info/conference

CANCELLATION POLICY

All cancellations must be notified in writing. Cancellations prior 1st March 2019 will be refunded subject to a 10% administration fee. Return this form with your payment to:

Conference Office, 1 Beacon Mews, South Road Weybridge, Surrey, KT13 9DZ, United Kingdom.

Queries and Questions to Mrs J Steel on 01932 828638 or E-mail: info@bapt.uk.com

BAPT reserve the right to make alterations to the Conference Programme as necessary.