

29<sup>th</sup> and 30<sup>th</sup> June 2012Royal Berkshire Conference Centre  
Madejski Stadium, Reading  
Berks, RG2 0FL**‘Playful Ways of working with  
Children and their Families’****KEY NOTE SPEAKERS**

**Dr Virginia Ryan - Playful Families working together to support change: Group Filial Therapy**  
Virginia has written extensively on play therapy and filial therapy, as well as training many professionals in both methods of therapy. Her presentation will draw on the group filial therapy book she is writing with Louise Guerney, the co founder of filial therapy. Group filial therapy is a comprehensive approach to family change, enabling children to derive therapeutic benefits from the course of play sessions conducted by their parents, in addition to helping parents to change their parenting styles and to develop more positive relationships with their children. Group filial therapy has advantages over individual therapy for many families. These advantages, including the ways families attending groups help one another to support positive changes, will be discussed by Virginia. Illustrations of the types of families and the stages in treatment, from intake to evaluation, in group filial therapy will be given, along with showing this approach’s adaptability to different circumstances.

**Dr Jess Jaeger - ‘Experts in Play’ Evaluating Children’s Views in Playful Ways**

In this climate of evidence-based practice therapists need to find ways to evaluate their work which is appropriate to their discipline and remains true to the underlying values of their approach (Gilroy, 2006). Play-based evaluation interviews are an innovative and creative way of gaining children’s views of play therapy and adding to our evidence base in a meaningful way. These methods were first piloted in Dr. Jessica Jaeger’s clinical practice. 52 qualified play therapists and 6 qualified art therapists have since been trained in these techniques. Jessica has conducted over 30 evaluation interviews with children of varying ages and abilities. She has analysed a further 50 video-tapes of play-based evaluations undertaken by other therapists. Jessica will draw on these interviews to present children’s views of play-based therapies, including play therapy, filial therapy and the Incredible Years Parenting programme. She will outline a new technique: ‘The Art Gallery’ which is being used to gain children’s views of Art Therapy.

**Dr Jane Clark – Helping Families Grow together – working with looked after children and their families to address attachment difficulties.**

Following very bleak local and national statistic for Looked After Children and a number of high profile placement breakdowns, Greenwich children’s services employed two members of staff dedicated to supporting children as they move into new families. In 2003 the attachment project was integrated into Greenwich CAMHS Looked After Children’s team. Over the subsequent nine years the project has explored creative ways of supporting children and families through therapy, consultation and training. The project also offers support, consultation and training to the professional network and extended families. In 2010 a Ph.D research study was completed looking at the experiences of six families receiving a service from the project and the findings have subsequently been used to enhance and expand services offered. This session will explore the work of the project and the research undertaken to consider some of the creative and playful ways of helping families as they grow together.

Conference enquiries to

Mrs J Steel, BAPT, Tel: ++ 44 (0) 1932 828638 [info@bapt.uk.com](mailto:info@bapt.uk.com)

Please visit the website for detailed information about the speakers, lectures and workshops.

## Friday 29<sup>th</sup> June 2012

Pre Conference Master Classes (details below) 2-5pm

AGM 5-30pm

Annual Conference Dinner 8pm (All welcome)

Live Jazz after dinner

### Friday 29<sup>th</sup> June 2012 2-5pm Pre Conference Master classes

Choose from one of these specialist master classes.

#### a) Dr Sue Elmer - A walk down memory lane: Can your own play memories be a useful tool in your play therapy practice?

This workshop is based on a forthcoming book "Playful Social Work: Engaging with children in need or at risk" (Palgrave Macmillan). The workshop recognises that in their conversations with children and young people, practitioners' own life experiences and particularly, their play experiences, are influential. Both the child and the practitioner bring aspects of their lives to the conversation. Participants will hear about Doctoral research, in which practitioners' own play experiences influenced the decisions they made in their social care and clinical practice (Elmer, 2010). Case examples from this and other play based research studies and from participant's own practice will be used in experiential activities. Participants will be able to explore how their own play experiences can be used as a therapeutic tool, to promote effective and authentic communication with children and young people.

Dr Sue Elmer is a Senior Lecturer in the Department of Children, Young People and Families. Sue's research interests include the use of play in social work and social care practice.

#### b) Sonia Murray & Claire Harrison-Breed - Jogo UK - The Play Therapist's Role in Engaging Parents in Play.

This workshop will look at the Play Therapist's role in enabling parents to explore and develop their own ability to play. Play Skills increase the parent's capacity to meet their child's needs emotionally and physically. It is recognised that not all parents have fully developed their play skills or have the confidence to fully engage with their child through play. This workshop facilitates creative exploration of the role of the Play Therapist in engaging parents in play with their child. Consideration will be given to the therapist's part in helping parents develop the capacity to play with their child while taking into account the context and setting they work within. Opportunities to experience a host of practical strategies and ideas for engaging parents in play will take place within the workshop. The session will enable participants to develop strategies to take back to practice, whilst holding in mind potential barriers and solutions to engaging parents in play.

#### c) Anna Pinkerton - Art therapy workshop - "Uplifting & insightful art therapy interventions to help families move on after trauma"

This workshop will offer the opportunity to work in pairs and small groups to experience the techniques first hand. It will include using art therapy to purposefully enhance bringing families together and find resources to move through difficult life experiences.

There will be an emphasis on:

- Noticing
- Suspending judgment
- Learning about each other
- The effects of adverse life events
- Moving on

An uplifting insight into moving through serious times.....

#### Live Jazz after dinner

There is a Jazz club attached to the centre. Admission will be free to conference participants. We need to inform club of numbers so let us know on the booking form.

**Please join us for the AGM and Conference Dinner on Friday night. Ro  
on 01189 253500 – ask for their con**

## Saturday 30<sup>th</sup> June 2012

Annual Conference 9am – 5pm

8.45am	Registration
9.15 am	Welcome
9.30 am	Virginia Ryan - Playful Families working together to support change: Group Filial Therapy
10.30am	Jess Jaeger 'Experts in Play' Evaluating childrens views in playful ways
11.30am	Coffee
12.00pm	Jane Clark - Helping Families Grow together – working with looked after children and their families to address attachment difficulties.
1- 2 pm	Lunch
2- 5 pm	Workshops

Choose from one of the following workshops:

### 1) Jess Jaeger

'The Play Therapy Museum' A Playful Exhibition of Children's Views

In this workshop you will be invited to immerse yourself in children's experiences of play therapy. Hannah, an 8yr old participant in the CHAPTER (Children Asked about Play Therapy in Expert Role) project inspired Dr. Jessica Jaeger to create the Play Therapy Museum. The findings of the CHAPTER project are presented as an exhibition within the Play Therapy Museum entitled 'Experts in Play'. The museum is an interactive experience allowing the visitor to enter into the world of play therapy from the children's eyes. Visitors will also be given a window into a researcher's journey through audio and visual representations.

2) Jane Clark and Tracie Foggarty - Playful ways of helping Looked After Children and their families as they grow together: Play Therapy, Theraplay, Dyadic Developmental Psychotherapy and non-directive play. This session will explore how some of these therapeutic techniques can be used separately or in combination to support families

### 3) Dr Virginia Ryan, & Dr Sue Bratton - Uses of Family Play Observations for Assessment and Clinical Work.

Working with families in supportive and informed ways is vital for professionals working with children. Family play observations, developed as an assessment technique in filial therapy, which trains and supervises carers to conduct child centered play sessions with their own children, will be explored in this workshop and applications to practice will be given.

The value of Family Play Observations (FPOs) for assessment will be presented, along with informal and more formal ways to conduct them. DVD illustrations of families engaging in FPOs will be provided for participants, who will have an opportunity to practice an analysis of an FPO themselves, if time permits.

4) Lisa Waycott & Theresa Fraser - An Introduction to Attachment Therapy with Adopted Children and their families - A three hour workshop. The first 45 minutes of the workshop will provide a theoretical overview of the models and research findings and the remaining time will be used for group discussions, video presentations, experiential learning of techniques for working with Adopted Children and their families.

### 5) Ana M. Sutton, MA-PT - Nana's Children MH Group - Sand Play Therapy Within School Setting.

This three-hour presentation will focus on how to set up a sand play therapy group program, within the school setting, following the Nana's Friendship Model. School wide crisis interventions using this method will be introduced, and discussed. Several Clinical Cases will be demonstrated using photos of the sand trays constructed by students that have participated in the program.

Participants should bring a shoe box lid, and miniatures that can be identified for retrieval at the end, I would like to have each person construct their own tray and share with neighbour the title and narrative that goes with it. If time allows, we would have a volunteer share their experience.

### 6) Terry Kottman: Partners in Play: Adlerian Play Therapy

In this fun and interactive workshop, Dr. Terry Kottman, the "inventor" of Adlerian play therapy, will introduce you to this method of integrating the concepts and techniques of Individual Psychology with the practice of play therapy. You will learn techniques for establishing relationships with clients, exploring clients' life-styles, helping clients gain insight into their lifestyles, and re-orienting and re-educating clients. Dr. Kottman will introduce you to several of the unique ways that Adlerians conceptualize children and the significant adults in their lives: goals of misbehaviour, the Crucial Cs, and personality priorities. We will explore play therapy strategies, art techniques, metaphors, and storytelling strategies for working with a wide range of clients.

Room booking is available through Reading Conference Centre Reservations  
at the conference rate. We hope to see you there!

# Biographies:

**Virginia Ryan**, PhD, trained in the US and has lived in England for many years. She is a Chartered Child Psychologist with the British Psychological Society (BPS) and a qualified Play Therapist and Play Therapy Supervisor with the British Association of Play Therapists (BAPT). She also is a Certified Filial Therapist/Supervisor and Filial Therapy Instructor with the Family Enhancement and Play Therapy Center, USA. Virginia has published books and numerous journal articles on play therapy and filial therapy. Her two books are: *Case Studies in Non-directive Play Therapy* (2000) and *Play Therapy: A Non-directive Approach for Children and Adolescents, 2nd Edition* (2005), both with Kate Wilson. Virginia's clinical practice is Ryan Children's Services Ltd in Hull, East Yorkshire, UK. Previously she was Senior Lecturer and Director of the MA/Diploma in Non-directive Play Therapy at the University of York, UK, which led to a BAPT professional qualification as a play therapist

## **Dr Jane Clark**

Following the completion of a B.Sc Immunology degree from Glasgow University in June 1993 Jane continued her voluntary work with children and young people both in the UK and abroad, returning to Scotland in September 1995 to complete a Master of Social Work course at Edinburgh University. Following three years as a front line social worker in Dundee Jane travelled to London to undertake the Graduate Diploma in Play Therapy at Roehampton, University of Surrey. Having worked with children and young people undertaking a variety of statutory and voluntary tasks with both NCH and Barnardos Jane took up her present post with Greenwich CAMHS in July 2003. It was during this time that Jane completed her Ph.D at Strathclyde University studying the effects of Therapy on children assessed as experiencing attachment related difficulties. With over twenty years of experience working with children and their families this study combines both experiential and academic learning.

**Dr Jessica Jaeger** BSc Psychology; MA Play Therapy; PhD Social Policy and Social Work, University of York: Play Therapy; Registered Play Therapist/Supervisor (MBAPT).

Jessica is employed as a play therapist and supervisor at CAMHS Sussex Partnership Trust. She has worked as a researcher in the Play Therapy department at The University of York and specialises in facilitating children's views of therapy. She previously worked at 'Triangle' as lead of psychological therapies, building a therapeutic service for disabled and deaf children and young people, along with training a variety of professional groups in therapeutic work with disabled children. Jessica has also worked at the NSPCC in both a post-abuse therapeutic team and a schools team.

Biographies of workshop presenters can be found on the website.

# REGISTRATION FORM

(Please complete all the boxes)

**GENERAL INFORMATION** - (please use block capitals)

BAPT Member ? Y / N

Title:..... Forename:..... Surname:.....

BAPT Membership Number: (if applicable) .....

Address: .....

.....Post Code.....

Email address.....(we will confirm your place by e mail unless you request us not to Yes/ No)

Early booking rate (Payment received before 31 <sup>st</sup> March 2012)	Pre conference workshop (BAPT members only)		Conference		Conference Networking Dinner		Total To Pay
Members	£50	Yes/No	£125	Y/N	£25	Y/N	
Associates			£130	Y/N	£25	Y/N	
Student & Retired Members	£50	Yes/No	£100	Y/N	£25	Y/N	
Non-Members			£140	Y/N	£25	Y/N	

Late booking rate (Payment received after 31 <sup>st</sup> March 2012)	Pre conference workshop (BAPT members only)	Please Tick	Conference		Conference Networking Dinner		Total To Pay
Members	£60		£130	Y/N	£25	Y/N	
Associates			£135	Y/N	£25	Y/N	
Student & Retired Members	£60		£105	Y/N	£25	Y/N	
Non-Members			£150	Y/N	£25	Y/N	

I do wish to go onto Jazz Club after dinner on Friday YES/NO

Specific dietary requirement? Yes / No Please detail: .....

**PAYMENT** - I enclose a cheque for £..... payable to The British Association of Play Therapists  
OR Please send an invoice for £..... to my employers. The contact person, address and tel. no. is enclosed in a covering letter.

**WORKSHOP CHOICES** - Please indicate your 1<sup>st</sup> and 2<sup>nd</sup> choices

FRIDAY master class choices:	1st	2nd
1. Sue Elmer		
2. Sonia Murray/Claire Harrison-Breed		
3. Anna Pinkerton		

SATURDAY afternoon workshop choices:	1st	2nd
a. Jess Jaeger		
b. Jane Clark & Tracie Foggarty		
c. Virginia Ryan & Sue Bratton		
d. Lisa Waycott & Theresa Fraser		
e. Ana M. Sutton		
f. Terry Kottman		

This form is downloadable from the website - [www.bapt.info](http://www.bapt.info)



## CANCELLATION POLICY

All cancellations must be notified in writing. Cancellations prior 7<sup>th</sup> May 2012 will be refunded subject to a 10% administration fee. Return this form with your payment to:

Conference Office, 1 Beacon Mews, South Road Weybridge, Surrey, KT13 9DZ, United Kingdom.

Queries and Questions to Mrs J Steel on 01932 828638 or E-mail: [info@bapt.uk.com](mailto:info@bapt.uk.com)

BAPT reserve the right to make alterations to the Conference Programme as necessary.